

DAY 1 - 29.11.2018

Time	Topic	Speaker	Chairpersons
8:20 -10:00	Free Papers & JAM - Sports Medicine (Knee) (16+12) Dr Praveen Kanabar prize session		Dr Santhosh Sahanand / Dr Ranajit Panigrahi
	Evaluation of Peroneus Longus tendon as a graft for ACL reconstruction surgeries and the possible effects of it on the Ankle-foot Biomechanics	Dr. Sarthak Mohanty	
	Arthroscopic surgery for degenerative tears of meniscus- systematic review and meta-analysis of 8 randomised published clinical trials	Dr. Kunal Aneja	
	Anterior Cruciate Ligament Reconstruction with Hamstring Autograft Is 5-strand graft a better option than conventional quadrupled graft?	Dr. Anindya Debnath	
	Peri-operative factors in medial opening wedge high tibial osteotomy correlate with patient reported outcomes: A clinical study	Dr. Saket Bonde	
	Meniscus Root Tears: Early Results Of Transosseous Repair	Dr. Yugal Varandani	
	Arthroscopic Reconstruction Of The ACL By Using Autologous Peroneus Longus Tendon Graft	Dr.B.L.Khajotia	
	Knee muscle strength following ACL reconstruction using Hamstring tendon autograft – A Quantitative analysis using Force Gauge.	Dr. Srikanth K.P	
	Analysis of results and outcome of arthroscopy assisted management of tibial plateau fractures	Dr. Vignesh s	
	Does a Two medial portal technique gives you more predictable Femoral Tunnel length and reduces revision rate	Dr. Arun Bhaskaran	
	Functional outcome of reconstruction single bundle vs double bundle arthroscopic PCL reconstruction using hamstring autograft:Prospective RCT	Dr Blessin	
	Assessing the relationship of the peroneal nerve to the posterolateral corner of the knee and influence of race on its dimensions – A MRI based study in Indian population,	Dr. Adarsh Annapareddy	
	Arthroscopic Fixation Of Tibial Eminence Avulsion Fractures With Cannulated Screws – Results Of 50 Cases And Review Of Literature	Dr. Rajendra sakhrekar	
	Managing Chronic/ missed PCL avulsions: Perspective and Experience at a tertiary care centre	Dr. Sumit Banerjee	
	Evaluation Of Results Of Intra-Articular Autologous Platelet Rich Plasma Injections In Knee Osteoarthritis	Dr. Manjeera Rednam	
	PCL avusion Fractures: A prospective randomised controlled trial between open posterior screw and Arthroscopic double tunnel suture fixation	Dr Joseph B joseph	
	Evaluation of algorithm of management of habitual dislocation of patella in flexion and extension	Dr. Debayuti Baksi	

	JAM Sessions		Dr Sundararajan SR/ Dr Srikanth KP
	Management of posterolateral corner instability of the knee by Modified LaPrade technique - a new approach.	Dr. Soutrik mukherjee	
	Outcomes of arthroscopically treated complex ligament injuries of knee after two year follow up	Dr. Giri Nivasan Chellamuthu	
	Spontaneous osteonecrosis of knee (SPONK) treated with percutaneous core decompression- A retrospective study	Dr. Tapadiya Niraj nandlal	
	Modern use of CRYOTHERAPY in Isolated Arthroscopic ACL reconstruction	Dr. Parth B Trivedi	
	A Prospective Study Of Outcome Of Arthroscopic Reconstruction Of Anterior Cruciate Ligament Using Hamstring Tendon Autograft	Dr. Srikanth CH	
	Diagnosis and management of chronic monoarticular synovitis of knee joint - an observational study	Dr. Arghya Kundu Choudhury	
	Functional Outcome of Primary Arthroscopic ACL Reconstruction for Muroid degenerated ACL.	Dr. Soma Sundar	
	Anterior Cruciate Ligament Reconstruction with Autologous Quadriceps Tendon Graft.	Dr. Naseer Ahmed Mir	
	Effect of Intra-articular viscosupplementation following arthroscopic procedures of the knee	Dr. Sarthak Mohanty	
	Management of multi ligament knee injury	Dr. Sadanand Chand Kaushik	
	The Effect Of Platelet Rich Plasma (PRP) VS Methylprednisolone On In-vitro Culture Of Articular Cartilage	Dr. Sairamakrishnan S	
	' Chronic Patellofemoral Instability And Pain Treated Effectively By Anteromedial Tibial Tubercle Transfer (Fulkerson Osteotomy) With Or Without MPFL Reconstruction : A Study Of 22 Cases'	Dr. Amit Kumar Sinha	
	Current trends in publication in articular cartilage repair techniques.	Dr. Abhishek Vaish	
	Managing Chronic/ missed PCL avulsions: Perspective and Experience at a tertiary care centre	Dr. Sumit Banerjee	
10:00 - 13:00	Orations		
13:00 - 13:45	Lunch		
13:45 - 14:30	Knee Session 1		Dr Roshan Wade / Dr Shirish Pathak
13:45-13:53	How to do perfect Anatomical ACLR	Dr Brett Fritsch	
13:53-14:01	Dislocated knee- How to proceed and mangement	Dr Schiller Jose	

14:01-14:09	Arthroscopic Treatment of articular cartilage defect (Autologus collagen induced chondrogenesis)	Dr. Asode Ananthram Shetty	
14:09-14:17	Cartilage injury in foot ball players	Dr Philippe Neyret	
14:17-14:25	ACL rehabilitation and return to sports	Dr David Martin	
14:25-14:33	Meniscal injuries- when to do repair?	Dr Parag Sancheti	
14:33-14:40	Discussion		
14:40-15:00	Plenary Lecture : Episodic patellar dislocation - Menu A-L-A CARTE	Dr Philippe Neyret	Dr Brett Fritsch/ Dr S R . Sundararajan
15:00-16:00	Knee Session 2 - Revision ACL		Dr Dr Prateek Gupta/ Dr Schiller Jose
15:00-15:07	Assessment and Investigation of Failed ACL	Dr Prateek Gupta	
15:08-15:15	Current concepts- Single Stage/ Two Stage	Dr Shirish Pathak	
15:16-15:23	Revision ACL reconstruction-tips & tricks	Dr Roshan Wade	
15:24-15:31	Role Of Osteotomy in Knee instability	Dr Ravi Gupta	
15:32-15:39	Management of infected ACL	Dr Ravi Mittal	
15:40 - 15:45	Discussion		
16:00	Converstation with the Mystic		

DAY 2 - 30.11.2018

Time	Topic	Speaker	Chairpersons
07.30 - 08.45	Free Papers & JAM- Foot & Ankle (10+9)		Dr SS Jha / Dr Sipani
	Single-stage correction of paralytic rigid equinovarus deformities in children and young persons	Dr. Deepak Sharan	
	Functional Outcome of Calcaneal Fractures Managed with Percutaneous Screw Fixation	Dr. Mohamed Azeem	
	Outcome of hind foot arthrodesis by expert hind foot arthrodesis nail a case series study	Dr. Parasambit Mukherjee	

	Early post operative functional outcome of ankle for neglected tendo-Achilles rupture reconstruction using short flexor hallucis longus tendon transfer	Dr. Sudarsan Behera	
	Functional outcome of patients with retrocalcaneal bursitis treated with ultrasound guided methylprednisolone injection	Dr. Koteeswar Rao.R.G	
	Modified flexor hallucis longus transfer for neglected ruptures of achilles tendon	Dr. G.Raghunandan	
	Acute Open Tendoachilles Injuries in Indian Toilets: A case series with a simple message with respect to the "Swachh Bharat Abhiyan"	Dr. Kashif Akhtar Ahmed	
	Functional And Radiological Outcomes Of Internal Fixation In Closed Lisfranc Fracture Dislocation	Dr. Sutej Bachawat	
	Conservative Versus Surgical Management of Acute Rupture of Achilles Tendon	Dr. Mridul Biswas	
	'Transarticular calcaneo-talo-tibial nailing versus open reduction and internal fixation for the treatment of elderly patients with an ankle fracture'	Dr. Mathew Hope	
	JAM Sessions		Dr Kumar Shantanu / Dr Rajesh Simon
	Ankle and hindfoot arthrodesis using compressive screws- A retrospective study	Dr.Tapadiya Niraj Nandlal	
	Plantar fasciitis comparison of two different modalities of treatment in view of pain management and functional outcome.	Dr. Pankaj Kumar Sharma	
	Effect of Platelet Rich Plasma In Plantar Fasciitis	Dr. Malay Gandhi	
	Postoperative evaluation of displaced intra articular fractures -a corelation between functional outcome and radiological outcome	Dr. Alekhya kunche	
	Surgical Management Of Malleolar Fractures Of Ankle In Adults	Dr. Venkatesh V	
	Posterior process of talus fracture and its clinical significance and outcome	Dr. Santosh Sekar	
	Painful accessory navicular syndrome- A modified Kidner procedure	Dr. Mugundhan	
	Efficacy of Autologous Blood Injection in Chronic Plantar Fascitis; A Prospective Clinical Study.	Dr. Rashid Anjum	
	Equinus and associated foot deformities correction with ilizarov ring fixator - a case series	Dr. Parthasarathy Suyambu	
	Pilon Fracture	Dr. Manjitsingh Sandhu	
8:45 - 10:00	Shoulder Session 1: Rotator Cuff - 8 mins each		Dr David V Rajan, Dr Karthik Selvaraj
8.45- 8.52	Clinical and Radiological evaluation of Cuff tear	Dr Sanjay Trevedi	
8.53 - 9.01	Single Row&Double row Cuff Repair- Indication and Techniques	Dr Bijrendra singh	

9.02 - 9.10	Subscap Tear repair tips and tricks	Dr Pratap Kumar	
9.11-9.18	Reverse shoulder arthroplasty Indications and Management	Dr Ram Chidambram	
9.19-9.26	Technique of glenoid bone grafting in reverse shoulder	Dr Ekelund	
9.27-9.34	EBM of shoulder arthritis	Dr Pradeep Edwin John	
9.35-9.43	Tissue engineering scaffolds in rotator cuff repair	Dr Andrew Carr	
9.44-10.00	Discussion		
10:00 - 11:00	Video Lectures 1 :Shoulder Video Lectures - 7 mins each		Dr Raghuveer Reddy / Dr Deepak Joshi
10.00-10.07	Video lecture- Capsular release	Dr Gopinath	
10.08-10.15	Video lecture- ASAD & AC joint decompression	Dr Chirag	
10.16-10.23	Video Lecture- Suprascapular nerve release	Dr Ashish Babhulkar	
10.24-10.30	Video Lecture-Posterior Labral repair techniques	Dr Sundararajan S R	
10.31-10.37	Video Lecture- Biceps tenodesis	Dr Karthik Selvaraj	
10.38- 11.00	Video Lecture Discussion		
11:00 - 11:45	Shoulder session II-Panel Discussion on Shoulder Instability		Dr Sanjay Desai / Dr Kanchan Bhattacharya
	Panelist -Dr Rajeev Raman,Dr Prateek Gupta,Dr Ram Chidambaram ,Dr Ashish Babulkar , Dr Leonard Ponraj Dr Sanjay Trivedi		
11:45 - 13:00	Video Lectures 2 :Knee Video Lectures - 7 mins each		Dr Sanjay Trevedi, Dr Harpal Singh Sethi
11.45-11.51	Video lecture- Meniscal Root repair	Dr Ramakanth R	
11.52-11.58	Video lecture- MPFL	Dr Raghuveer Reddy	
11.59-12.05	Video Lecture- ACL Avulsion	Dr Santhosh Sahanand	
12.06-12.12	Video Lecture- PCL Avulsion	Dr Subair Khan	
12.13-12.19	Video Lecture- Bucket handle Meniscal repair	Dr Sanjay Trevedi	
12.20-12.26	Video Lecture- Mosaicplasty	Dr David Martin	
12.27-13.00	Video Lecture Discussion		

13:00 - 13:45	Lunch		
13:45 - 14:45	Delayed presentations/Neglected trauma		Dr Mandeep Dhillon /Dr Karthik Hariharan
13:45-13:51	Pilon fractures	Dr Rajesh Simon	
13:52- 13:58	Ankle Fractures	Dr Mandeep Dhillon	
13:59-14:05	Syndesmotoc Injury	Dr Karthik Hariharan	
14:06-14:13	Calcaneus	Dr Kumar Shanthanu	
14:14-14:21	Lisfrancs Fracture	Dr Ramesh	
14:22-14:29	Late Achillis rupture treated by endoscopic repair	Dr Mahmut Nedim Doral	
14:30-14:45	Discussion		
14:45 - 16:15	Foot & Ankle - Video Lectures		Dr SR Sundararajan/Dr Ramesh
14:45-14:52	Arthroscopic approaches to cyst in foot and ankle	Dr Mandeep Dhillon	
14:52-15:00	TTC Fusion	Dr Nikesh Shan	
15:01-15:08	Ankle fusion	Dr Karthik Hariharan	
15:09-15:16	Subtalar fusion	Dr Rajesh Simon	
15:17-15:24	Lisfranc fixation	Dr Mahendra	
15:25 -15:32	Hallux valgus reconstruction	Dr Ajoy SM	
15:33 -15:40	Triple Arthrodesis	Dr Suresh Kumar	
15:41-15:48	Tendoachillis Tendinopathy	Dr Nikesh Shan	
15:49 -16:15	Discussion		
16:30	General Body Meeting		

DAY 3 - 01.12.2018

Time	Topic	Speaker	Chairpersons
7:30 - 9:30	PT Tejaswar Rao Gold Medal Session(12)		Dr Dinakar Rai / Dr Vetrivel Chezian
7:30 - 7:40	Posterior Vertebral Column Resection (P-VCR) for Severe Rigid Congenital Kyphosis	Dr. Vignesh Mathialagan	
7:40 - 7:50	A Prospective Comparative Study of Arthroscopic Single-Row Versus Double-Row repair for Rotator Cuff Tears	Dr. MD Siddique Mohiuddin	
7:50 - 8:00	Effect of In-situ Fusion in Lumbar Spondylolisthesis on clinical outcomes and Spino-pelvic sagittal balancing. A case series of 138 patients.	Dr. Amogh Arun Zawar	
8:00 - 8:10	Parallel Versus 90-90 Plating For Distal Humerus Intra-articular Fractures. A Prospective Study Of The Functional Outcomes.	Dr. Nishat Ahmed	
8:10 - 8:20	Do scores effectively guide in decision making in amputation or salvage in severely injured limbs?? A prospective comparative study of open injury scores in 225 patients	Dr. Abhishek Gupta	
8:20 - 8:30	Functional outcome of displaced midshaft clavicle fractures treated by plate osteosynthesis versus minimally invasive titanium elastic nail fixation	Dr. Saravanan Murugesan	
8:30 - 8:40	Endoscopic management of retrocalcaneal pain: a prospective observational study	Dr. Mukesh Kumar Meena	
8:40 - 8:50	Functional outcome of proximal phalanx fracture of hand " double intramedullary K-wire fixation technique	Dr. P.G.Shylendra Babu	
8:50 - 9:00	Tb masquerading as tumour. A 8 year study on 26 case of long bone tuberculosis presenting as tumors	Dr. Yash Wagh	
9:00 - 9:10	A Prospective study of surgically managed schatzker type V and VI by dual plating in bicondylar fracture of Tibia.	Dr. Ashish Bc	
9:10 - 9:20	Total hip arthroplasty in sickle cell disease -a formidable challenge	Dr. Deepankar Satapathy	
9:20 - 9:30	The Impact of Unilateral Cemented Total Hip Arthroplasty in Ankylosing Spondylitis with Bilateral Ankylosed hips	Dr. Arshad Ahmed	
9:30 - 11:00	Leadership Summit		
11:00 - 11:45	Valedictory Function		
12:00 - 13:30	Hip & Ankle Session		Dr Maninder Singh/ Dr Pradeep Moonot
12:00 - 12:07	Diagnostic Hip Arthroscopy- portals and Techniques	Dr Sarthak Bhuvaneshwar	
12:08 - 12:15	Evaluation and Management of FAI	Dr Sarthak Bhuvaneshwar	

12:16-12:23	Hip Arthroscopy standard of care with evolving technique	Dr Sathish Kutty	
12:24-12:31	Diagnostic Ankle Arthroscopy- portals and Techniques	Dr Pradeep Moonot	
12:32-12:39	Clinical and Radiological evaluation of Ankle instability	Dr Abishek Kini	
12:39-12:46	Ankle Instability Repair Vs Reconstruction	Dr Abishek Kini	
12:47-12:54	OLT- Osteochondral Lesion of Talus	Dr Karthik Hariharan	
12:55-13:02	Arthroscopic Ankle Arthrodesis- indications and techniques	Dr Pradeep Moonot	
13:03-13:09	Subtalar arthroscopy and Arthroscopic Calcaneoplasty	Dr Maninder Singh	
13:10 - 13:30	Discussion		
13:30	Lunch		