

DAY 1 - 29.11.2018

Time	Topic	Speaker	Chairpersons
8:30 - 10:00	Dr Joy Patankar Medal Session		Dr Vinodh/ Dr Major Kamalanathan
8:20 - 8:30	The relationship between perfusion parameters of femoral head blood supply with septic arthritis of hip in infancy	Dr Rujuta Mehta	
8:30 - 8:40	Does varus derotation osteotomy (VDO) improve femoral head sphericity in older children with severe form of Perthes disease? - Mid term retrospective study	Dr. Selvaraj Velusamy	
8:40 - 8:50	Management of hip dislocation in arthrogryposis by medial approach	Dr. Kathirazhagan	
8:50 - 9:00	Early Onset Scoliosis in children less than 5years - Role of Single Sub-muscular Growing Rod Instrumentation	Dr. Arunkumar Viswanadha	
9:00- 9:10	Primary osteochondroplasty and in-situ fixation- short term results of a new method of treatment of mild to moderate SCFE	Dr. Muthukumar. S	
9:10 - 9:20	The evolution of improvement to get best results in congenital club foot depicts how much useful is the experience of surgeon is needed	Dr. Raghavendra Shankar Kulkarni	
9:20 - 9:30	Is the Quantitative Measurement of Displacement Angulation & Shortening in Paediatric Distal Radius Fracture - Determines the Treatment Modality & Functional Outcome	Dr. Nandakumar Natarajan	
9:30 - 9:40	Role of JESS in old neglected Congenital Talipes Equino Varus	Dr. Siddharth Gupta	
9:40 - 9:50	Guided growth for angular correction of deformities around the knee in pathological physes: A preliminary series	Dr. Ram Gautham Ganesan	
9:50 - 10:00	Suppurative arthritis in a walking child: effect of patient's age delay in surgical drainage and organism virulence.	Dr. Vimal Kumar K H	
10:00 - 13:00	Orations in Hall 1		
13:00 - 13:45	Lunch		
13:45 - 14:30	Congenital Limb Deficiencies : Session 1		Dr Abdul Salam / Dr Bari
13:45 - 14:00	PFFD - My approach	Dr Leo Donnan	
14:00 - 14:15	My experience with PFFD	Dr Ashok Johari	
14:15 - 14:30	Lengthening in limb deficiencies - DO s & DON'T s	Dr Leo Donnan	
14:30 - 15:45	Limb Deficiencies : Session 2		Dr Gopakumar / Dr Major Kamalanathan
14:30 - 14:40	Mind boggling deformities - from Challenges to opportunities	Dr Bari	

14:40 - 14:50	Fibular hemimelia - My approach	Dr Leo Donnan	
14:50 - 15:40	Interactive case discussion	Dr Ashok Johari	Panel: Dr Leo/ Dr Abdul Salam/ Dr Bari
16:00	Conversation with the Mystic		

DAY 2 - 30.11.2018

Time	Topic	Speaker	Chairpersons
7:30 - 8:30	Limb Reconstruction Free Papers & JAM sessions (8+10)		Dr PN Vasudevan / Dr Premnath
	Correction of very severe deformities secondary to growth arrest	Dr. Ruta Milind Kulkarni	
	A Comparative Study Of Medial Open Wedge High Tibial Osteotomy Using Plate Osteosynthesis Versus Fixator-Cum-Distractor In Unicompartmental Osteoarthritis Of Knee	Dr. Virender Kumar	
	Management of Adult Chronic Osteomyelitis of Tibia and Femur: Management Options	Dr. Alok Chandra Agrawal	
	Management of post-traumatic bone defects using various treatment modalities - a case series	Dr. A.Jaya Micheal Esthak	
	Role of Platelet Rich Plasma (P.R.P.) in Osteoarthritis Knee	Dr. Ajit K Saigal	
	Bone transport of large bone defect of long bone with external fixator apparatus: A retrospective study	Dr. Satish Prasad Barnawal	
	Use of non-vascularized autologous fibula strut graft in the treatment of segmental bone loss due to various pathologies	Dr. Kosuri Krishna Karthik	
	Tips and Tricks in the Concept Of 'Induced Membrane' for bridging large Osteo-Periosteal gaps	Dr. Shree Prakash Singh	
	Corticomy does wonders in open complicated & segmental fractures	Dr. Muthu Venkataraman	
	JAM Session		Dr Premnath/ Dr J Dheenadhayalan
	MEGAPROSTHESIS-Is it a modality of treatment for failed union in distal third femur fractures?	Dr. Divya Bandari	
	Functional outcomes of infected Non unions of long bones managed by Limb Reconstruction System	Dr. Raam Mohan S	
	Comparision of results of distal metaphyseal versus diaphyseal infected non-unions of femur treated by excision and bone transport using Ilizarov external fixator	Dr. Kapil R Jagtap	

	Management of bone defects by vascularised pedicle fibular graft	Dr. Vignesh s	
	Effectiveness of dynamic external pin fixators in limb reconstructive procedures	Dr. Jacob Ipe	
	A prospective study of infected non union of diaphyseal fracture of humerus treated with ilizarov fixator	Dr. Mogali Kasi Viswanadham	
	Radiological and Functional outcome of Limb reconstruction system in treatment of infected non-union tibia and open diaphysial fracture of Tibia with bone loss	Dr. Yajuvendra Kumar Sharma	
	Management of infected non-union of femur and tibia using ilizarov technique- a case series	Dr. Surendar Singh Yadav	
	To evaluate the outcome of open wedge high tibial osteotomy with distal tuberosity osteotomy (OWHTO-DTO) in medial compartmental varus osteoarthritis of knee.	Dr. Rajeev Yadav	
	Free fibular bone graft in reconstruction of traumatic bone defects a case series	Dr. Bhargava Ram Uppalapatti	
8:30 -9:30	WOC - OSAC Session		P. S. Maini, Emal Wardak & Prakash Bangani
8:30 - 8:40	Tubercular spondylitis in Afghanistan and our protocol and experience	Emal Wardak	
8:40 - 8:50	Spinal injury prevention programme for SAARC region	H S Chhabra	
8:50 - 9:00	Spinal trauma a big challenge in Bangladesh and how we cope	Amjad Hossain	
9:00 - 9:10	Low Backache with special reference to disc prolapse in SAARC region	Vijay Khariwal	
9:10 - 9:30	Discussion		
9:30 - 11:30	WOC Rural Practice Session		Dr Rajesh gupta, Dr Venkatesh Mulimani, Dr Doalagapu
9:30 - 10:00	Session 1: General (4+2 min each)		
	Challenges in rural practice	Purushotham Jawaraya	
	Orthopaedic disaster management plan in flood affected rural Kerela	Vinesh Senan	
	Pitfalls in Orthopaedic radiology	Nisar Dar	
	Challenges of surgery in rural area	Anil Golhar	
	Rural Practice is challenging but rewarding	Guru Prasad	
10:00 - 10:30	Session 2: Trauma (4+2 min each)		

	Trauma in rural setting	Dr. Rajesh Gupta	
	Polytrauma in Rural India	Dr. Satish Goyal	
	Agriculture work injuries in rural north India	Dr. Roop Singh	
	Rural & Agriculture trauma – Magnitude , etiology , pathology , management principles & prevention	Dr. Anurag Chhabra	
	JESS a boon in the management of injuries of the upper & lower limb in a rural setting	Dr. Ram Prabhoo	
10:30 - 11:05	Session 3: Paediatrics & Degenerative (4+2 min each)		
	Tackling the perils of camp surgery in rural India : A solution to bridge the rural urban divide in paediatric orthopaedics	Dr. Swapnil Keny	
	Work on Cerebral Palsy in Satara & Ratnagiri	Dr. Sandeep Patwardhan	
	Challenges, choices and champions of childhood disability management of rural India	Dr Taral Nagda	
	Club feet : No more locomotor disability in rural India	Dr.Ajai Singh	
	Challenges in treating degenerative joint diseases in Rural India	Dr. Parag Sancheti	
	Conservative management of osteonecrosis of hip in rural area	Dr. Rajendra Sakhrekar	
11:06 - 11:30	Session 4 (4+2 min each)		
	Preventive aspects of Spinal cord injury in rural area	Dr. Arnab Sinha	
	Surgical management of degenerative cervical spine disorders under combination of Local anesthesia	Dr. Hemant Joshi	
	SFFG presentations : SF 1, SF 2	Dr S Y Bhojraj	
11:30 - 13:00	SICOT session	Conveners : Dr Swapnil Keny , Dr Rahul Katta	Dr Ashok Johari, Dr Ashok Das
	The World is Flat: How Associations like SICOT are bridging the Academic Divide	Dr James Waddell	
	The Hare, The Tortoise & The U's': India - A nation in Motion	Dr Vaibhav Bagaria	
	Hips Don't lie: Bearing the Brunt Of Flawed Regulation	Dr Rahul Katta	
	The God Of Small Things: Why have I replaced my Laptop with a Tablet	Dr Swapnil Keny	
	No Country for Spine Men: Will Robots eventually Replace Spinal Surgeons	Dr Ram Chaddha	
	Hop and Skip : The Mind of a Masterful Multitasker	Dr S. Rajasekaran	
	Talk the Walk : Essential Patient Communication Skills	Dr Vikas Khanduja	

SICOT India : Annual Report		Dr Satish Goyal	
13:00 - 13:45	Lunch		
13:45 - 14:55	Day-to-day Hand Surgery (8+2 min)		Dr Ted Mah, Dr Vikas Gupta
13:45- 13:55	Trigger finger	Dr. Praveen Bhardwaj	
13:55 - 14:05	De Quervain's disease	Dr. Srinivas Rajappa	
14:05 -14:15	Carpal Tunnel Syndrome	Dr. Ted Mah	
14:15 - 14:25	Phalangeal fractures	Dr. Rex	
14:25 - 14:35	Metacarpal fractures	Dr. Terrence J Jerome	
14:35 - 14:45	Distal radius fracture- The best evidence guiding indications	Dr. Ravi Bhardwaj	
14:45 - 14:55	Role of External Fixators in Hand	Dr. Lokesh Maratha	
14:55 - 15:05	Proximal interphalangeal joint injuries (My Treatment Algorithm)	Dr. Joseph Dias	
15:05 - 16:15	Current Update on Common Orthopedic Hand Problems		Dr. Joseph Dias, Dr Lokesh Maratha
15:05 - 15:15	Scaphoid fracture (How not to miss; when I operate and what I do)	Dr. Ted Mah	
15:15 - 15:25	Scaphoid Non-union- Update on the treatment options	Dr. Joseph Dias	
15:25 - 15:35	Perilunate Injuries	Dr. Ram Chidambaram	
15:35 - 15:45	Kienbock's disease - My experience with Ulnar Lengthening	Dr Althaf Ahmad Kawoosa	
15:45 - 15:55	Distal radio-ulnar joint injuries - how not to miss and when to intervene	Dr. Vikas Gupta	
15:55 - 16:05	Volkman Ischemic Contracture- From a disaster to Functional Hand	Dr Binu Thomas	
16:05 - 16:15	Tennis Elbow - An update on what works and what does'nt	Dr. Pankaj Ahire	
16:30	General Body Meeting		

DAY 3 - 01.12.2018

Time	Topic	Speaker	Chairpersons
7:50 - 9:30	SP Mandal Gold Medal Session		Dr R Jayakumar / Dr Anil Gupta
7:50 - 8:00	Impact Of Prevention Care Bundle Implementation On The Rate Of Surgical Site Infection After Spine Surgery	Dr. Rajdeep Singh Bagga	
8:00 - 8:10	Functional and Radiological outcome of Tibiototalcalcaneal arthrodesis in Charcot neuroarthropathy using a Retrograde hind foot nail	Dr. Balu C Babu	
8:10 - 8:20	Revisiting spondylodiscitis - Emergence of pyogenic etiology with varied presentations: A case series	Dr. Pramod Sudarshan	
8:20 - 8:30	Same segment early recurrence in surgery of lumbar canal stenosis- role of dissectomy	Dr. Amit Agarwal	
8:30 - 8:40	A prospective randomised double blind study to analyse the efficacy of balanced preemptive analgesia in total knee replacement surgery	Dr. Subhranshu Sekhar Nayak	
8:40 - 8:50	Strategies in Management of Fractures in Post-Polio Limb	Dr. Sathish	
8:50 - 9:00	ATT- Anti Tubercular Therapy or Any Thing Therapy? A study of prescription patterns in Pott's Spine	Dr. Arnab Sinha	
9:00 - 9:10	Functional evaluation of fixation of avulsion fracture of posterior cruciate ligament from tibial attachment	Dr. Varrdhaman H Dhariwal	
9:10 - 9:20	Management Of High Energy Tibial Plateau Fractures With Soft Tissue Trauma: Hybrid External Fixator Versus JESS Fixator	Dr. Rakesh Kumar Dhukia	
9:20 - 9:30	Gastrosoleus turn down flap augmented with v-y plasty for neglected tendo Achilles rupture with defect of more than 8cm - A novel modified technique	Dr. Prahalad Kumar Singhi	
9:30 - 11:00	Leadership Summit		
11:00 - 11:45	Valedictory Function		
12:00 - 12:50	Free Papers & JAM - Sports Medicine (Shoulder) (10+1)		Dr Ramakanth / Dr Karthik Selvaraj
	Does adding remplissage procedure improve outcomes in hyperlax patients with shoulder instability? - A minimum 2 years follow up study	Dr. Pradeep Baskaran	
	Relationship between Acromion morphology and Rotator cuff tear in Indian Population	Dr. Kamaatchiprabu	
	Glenoid Bone Loss Assessment In Recurrent Shoulder Dislocation And Correlation Between MRI, CT Scan And Arthroscopic Findings.	Dr. Abhishek das	
	Mini-Open Rotator cuff tear repair: An institutional experience in a conflict zone	Dr. Adil Bashir	

	Application of arthroscopy in ankle fracture- why do why not?	Dr. Bhavin Jadav	
	Treatment of Partial Rotator Cuff Tear with Ultrasound-guided Platelet-rich Plasma	Dr. Vetrivel Chezian Sengodan	
	Worthiness of combined procedure (subacromial decompression along with capsular release) in frozen shoulder	Dr. Mohammad Jesan Khan	
	A modified open repair technique for recurrent dislocation shoulder “ series of 30 cases with 2 yrs follow up	Dr. V.V.Raja sekhar	
	Can Congruent Arc Latarjet Procedure Be Done On Indian Population?	Dr.Nikhil Joseph martin	
	A study of functional and radiological outcome of acromioclavicular joint disruption grade 3 to 6 treated by endobutton fixation with mersilene tape and ligament repair	Dr. Vineet Arora	
	Morphometric study on Acromion process to determine the Mean Acromion Thickness in Indian Population	Dr. Kamaatchiprabu	
	JAM Session		
	Ultrasound guided Targeted High Volume Injection (HVI) of the Rotator Cuff Interval versus Supervised Physical therapy for Primary Adhesive Capsulitis of Shoulder - A Randomized Control Study	Dr. Vishnu Unnithan	
12:50 - 13:30	Free papers & JAM sessions - Basic Sciences (20)		Dr BRJ Sathish Kumar/ Dr Mugundhan
	Epidemiology of Fracture pattern in above 90yrs of age patients in Urban set-up	Dr Prashanth Sanam	
	JAM Session		
	Comparative analysis of anthropometry of the hip joints (right versus left) in indian population	Dr. Navaneethan	
	Post-Operative Infection in Internally Fixed Closed Fractures	Dr. Raskin Phukon	
	Functional outcomes of intraosseous ibandronate for AVN hip cases	Dr. Rajendra Sakhrekar	
	A Morphometric Study Of Distal End Of Radius In The Southern Assam Population	Dr. Vetri.D	
	Study of Viscosupplementation in osteoarthritis ofknee joint at sulabh hospital	Dr. Rajendra J Raval	
	Prediction of overlengthening of Radial head prosthesis -Cadaveric study	Dr. Madan Mohan Ray	
	Effect of PRP injection in osetoarthritis knee “ Clinical outcome	Dr. Arun Kumar B	

	Virtual surgical planning and 3D printing for deformity correction	Dr. Tarun Verma	
	Functional outcome with use of platelet rich plasma therapy in the treatment of bilateral early osteoarthritis knee	Dr. Sahil Kanwar	
	Burden and profile of trauma-related patients admitted in orthopaedics department of UCMS and GTBH	Dr. Sidhant Narula	
	Prospective study of musculoskeletal complications of haemophilia	Dr. Sujeet Mishra	
	A review article on effects of propolis on bone healing and bone loss prevention	Dr. Vinay HP	
	Retrospective study of 250 cases of AustinMoore™s prostheses	Dr. Amiya Kumar Bera	
	Role of Hydraulic distension in Frozen Shoulder	Dr. Madhan J	
	Serum calcium and phosphorous levels - reliable indicators of risk of hip fractures in elderly indian population	Dr. Veerendra Yarlaga	
	Effects of reamed intramedullary nailing on altered body temperature esr crp and plasma lactate - a prospective study	Dr. M Vaibhav Reddy	
	Study of core decompression in stage I and II of Ficat- arlet AVN of femoral head in Sickle Cell patients	Dr. Anshuman Mishra	
	Factors Driving Unplanned Early Readmissions in Orthopaedic Trauma Surgery	Dr. Avinash.M	
	Comparative study of phonophoresis using betamethasone or lignocaine in chronic hemophilic synovitis of knee joint	Dr. Saikat Jena	
	Comparative study of anterior and posterior surgical approaches for bipolar cemented hemiarthroplasty in fracture neck femur	Dr.Shreesh Kadur J M	
13:30	Lunch		